

# ROS-REVIEW OF SYSTEMS

**Constitutional:** Unexplained weight loss Night sweats Fatigue Malaise Lethargy  
Sleeping problems Loss of appetite Fever Itch/Rash Lumps, Bumps, or Masses

**ENMT:** Runny nose Nose bleeds Sinus pain Stuffy ears Ear pain  
Ringing in ears Gingival bleeding Sore throat Pain with swallowing

**Gastrointestinal:** Abdominal pain Unintentional weight loss Difficulty swallowing  
Indigestion Bloating Food avoidance Nausea/vomiting Diarrhea/constipation  
Cramping Inability to pass gas Vomiting blood Bright red blood per rectum

**Integumentary** (skin, hair, nails, glands, and nerves): Pruritus (itching) Rashes  
Lesions Wounds Incisions Nodules Tumors Eczema  
Excessive dryness of the skin

**Eyes:** Visual changes Headache Eye pain Double vision Blind spots

**Endocrine:** Hyperthyroid Hypothyroid Mood swings Sweaty Diarrhea Tremor  
Palpitations Depressed Thin hair Croaky voice Diabetes Hypertension  
Low blood pressure Erectile Difficulty

**Genitourinary:** Incontinence Vaginal Discharge Painful Menses Hesitancy of urinating  
Bladder problems

**Hematological/Lymph:** Anemia Excessive bleeding Hemophilia Purpura

**Musculoskeletal:** Neck pain (stiff/sore) Hand numbness/pain Upper arm pain  
Shoulder pain Chest pain Mid back pain Arthritis Mid back burning Sore mid back  
Back pain Cramps Knee pain Sciatica Low back pain Leg pain Weak ankles  
Plantar Fasciitis Foot pain Weakness in legs Heel spurs Hip pain Spinal curvature  
Pain in tailbone with sitting

**Psychiatric:** Depression Sleep problems Anxiety Difficulty concentrating Paranoia

**Immunological:** Difficulty breathing Choking Swollen lymph nodes/glands Food allergies  
Unusual sneezing Runny nose Itchy/teary eyes

**Neurological:** Headaches Numbness Tingling Any changes in sight  
Any changes in smell Any changes in taste Any changes in hearing Seizures Vertigo  
Pins & needles Radiating pain Blurred vision Vision difficulties Balance problems

**All Others:** \_\_\_\_\_  
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